



# The Fox Flyer

## December 2018 Issue



### Principal's Note

#### Winter has arrived!

The upcoming weeks can become quite overwhelming as families prepare for family gatherings, special travels, and perhaps some shopping outings in preparation for special traditions. As much as we'd all like to feel that we are organized and well-prepared for the upcoming weeks, each family deals with the stress of the holidays in different ways. Oftentimes, children fall victim to later bedtimes, hectic trips to the store for that last item, and sometimes experience first-hand the financial stress that plagues many families during this time of the year. Routines often fall to the wayside along with daily reading practices, consistent homework support, and even family meals. At times families need to make a concerted effort to see that the rush and stresses of the holiday season do not seep into their child's daily routine and need for consistency.

Thank you for participating in parent conferences. One topic that is often discussed during conferences is homework. Homework serves the role of "purposeful practice" just like we have with music and sports. In order to become a better reader, writer, and mathematician, we need to practice as well. Taking time at home to read, write, and complete this "purposeful practice" is a major contributing factor to your child's success. Twenty minutes of reading each night adds up to over 122 hours of reading in a year! Thank you for your continued commitment to your child's learning. We appreciate it!

We are looking forward to more excitement in the month of December including the annual **Holiday Concert**. This year our first, second and third grade students will perform "40 Winks" on December 18<sup>th</sup> at 6:30 pm. The students have been busy rehearsing with Mrs. Barker their Music Teacher. This performance is going to be great!

If school is delayed, the buses will be later than usual to pick up the students. During a 2 hour delayed opening, students must not arrive at school prior to 9:40 am at FRES and 10:00 at LCS as there is no supervision available until that time. Morning Preschool classes at Lyndeborough Central School will be cancelled. If school is dismissed early it will be announced to the media and we will inform parents with our Power Announcement System. We will make every effort to be sure the students have a safe place to go. Take time to review with your child your family's plan for early release or late start. Please ensure that we have your most current phone number and contact information.

As the principal of Florence Rideout Elementary School and Lyndeborough Central School my door is always open to you. Together as a school community let us enjoy and relish every moment of 2019 with our students because it passes by so quickly as if 'in the blink of an eye"! I appreciate and thank you for your continued support in all our endeavors to ensure your child's academic success. Happy Holidays and Happy New Year to one and all!

#### December Events

December 10

Early Release

LCS 11:20

FRES 11:40

December 11th

School Board Meeting

December 18th

Winter Concert

**"Forty Winks"**

1st-3rd Graders

1:00pm-2:00pm

6:30pm-7:30pm

FRES Gym

December 24th—January

1st

Holiday Recess





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### WINTER WEATHER

With the snow and frigid temperatures, please remember to dress your child appropriately. Recess is outside every day that the “feels like” temperature is above 12 degrees. During the winter months, the following outerwear is expected for our students during recess:

- Students are expected to wear all outerwear that comes from home (hats, gloves, mittens, snow pants, boots)
- In order to play in the snow, children must be **dressed from “head to toe”**. Students are expected to wear snow pants and boots if they intend to play on any snow-covered area during recess. This includes the blacktop when it is snow covered or wet.
- In the event that the black top is completely clear of snow and slush, students then may be on this location in their “everyday” shoes.
- Students who do not have the appropriate outerwear during snow covered recess times will be asked to stay on the sidewalk. Thank you for your support with this. These expectations limit the wet pants, shoes, and socks that students get when not dressed appropriately, and helps them avoid having those wet clothes for the duration of the school day.
- We also ask you to label their clothing. If clothing is labeled, we make every attempt to match it to its owner.

### Join our team as a Sub!

Do you enjoy working with children while maintaining a flexible work schedule? Have you considered becoming a substitute teacher?

The Wilton-Lyndeborough School District is seeking talented Substitute Teachers who want to join a team of ambitious professionals who help all students succeed. Sometimes, our educators are away from their classrooms for things like professional development or **when they are ill. That’s when we need talented individuals** to continue providing a high-quality education to our students

To apply for the position of substitute teacher, you will need to complete an employment application as well as a substitute teacher application. Please include three letters of reference (One from your most current employer) and *if applicable*, college transcripts and evidence of eligibility for certification. All materials should be submitted to Wilton-Lyndeborough Cooperative School District 192 Forest Road Lyndeborough NH 03082. Daily rate is \$65. Please review the substitute applicant process for additional details.

Questions should be directed to Kristina Fowler at 732-9171.



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### PTO News

November was a busy month! The book fair was well attended and our family day was a great success with fairy house building, games and some yummy treats. Big thanks to Chance from the Wilton library, Kelly Gibson, Malissa Knight, Melissa Geary and Ariel Crotty for their help during this event. The PTO was happy to provide each student with a \$10 voucher to spend on books!

Many thanks for the Square One orders, the children at LCS had a great time creating their designs with the help of Mr. Lamers. Yankee Candle purchases have been sent home, as a reminder you are still able to make online purchases until January 10th which benefits the PTO.

Fun Pass books were also on the agenda this month and many orders were sent in for the money saving booklets. A big thanks to Stephanie Caragher for organizing this fundraiser.

A few reminders for upcoming events. Join us at the Wilton Town Hall movie theater on December 15th at 1pm for our free Polar Express Movie screening. **Enjoy some hot chocolate, wear your PJ's and meet our special conductor!** Holiday raffle tickets have been sent home and the grand drawing will be on December 18th after the holiday concert. If you need more tickets stop by the FRES office or contact Louise at 892-2173. Finally, our next PTO meeting will be on January 7th. Hope to see you then!

### Holiday Raffle

Drawing will be held on December 18, 2018

After the Holiday Concert

- \* 50" 4K 2160 p TV with HDR Roku
- \* Nintendo NES and Super NES Classic Bundle
- \* Greater Boston Getaway with \$200.00 Cash
- \* Family 4-pack tickets to Disney on ICE at SNHU Arena
- \* 2 lift tickets to Crotched Mountain
- \* Movie Party Pack tickets to AMC and \$100.00 Cash
- \* \$100.00 Market Basket Gift Card
- \* Steak Lover Bundle from Happy Butcher \$159 Value





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### Music News By Mrs. Barker



December is an exciting month for the music classes. In grades 1-3 we are preparing for our upcoming holiday musical titled, "Forty Winks 'til Christmas,"



that will be performed on Tuesday, December 18, at 6:30 pm. The musical is about **heading to a relative's home for the holidays and experiencing the joys and festivities of a holiday sleep over.** A special appearance will be made by Santa and his elves. Students are recommended to wear their favorite holiday pajamas and slippers and should arrive in the music room at 6:00. We are looking forward to presenting this outstanding performance that will put everyone into the holiday spirit.

The FRES chorus will deck the halls of Wilton with songs of the season on December 20. If you are out and about from 11:00-12:00, please stop downtown to be serenaded by our awesome 4<sup>th</sup> and 5<sup>th</sup> grade chorus. They will be spreading the holiday spirit to businesses on Main Street.

-Mrs. Barker



Students and staff honored our local veterans during our Veterans Day ceremony on Friday, November 9<sup>th</sup>. This event, coordinated by our new music teacher, Mrs. Claudette Barker, featured students performing patriotic songs, poems and guest speakers that focused the recognition of service and expression of our gratitude to our service men and women and love of country.









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### Student of the Month

Grade: 3  
Teacher: Mrs. Sappet  
Month: November



Sydney Bean is first and foremost kind. She treats everyone with respect. The work that Sydney completes is always her very best effort.

**When she doesn't understand how to do something, or is struggling with something, she asks for help, in a calm and collected manner.** She does her very best to complete all classwork and homework in a timely manner. Sydney knows where her materials are, and utilizes classroom strategies for managing organization of her desk. When it is time to learn, Sydney is ready! She manages her time wisely, and takes challenges head-on. Sydney has been working to advocate **for herself, being as kind as she is, she doesn't want to hurt anyone's feelings.** When she advocates for herself, she does so in a way that is respectful and kind. Sydney is always looking to help her classroom community with thoughtful suggestions when someone is in need of support. For all these reasons and many more, Sydney Beam is one of the third grade choices for Student of the Month.

-Mrs. Sappet



Grade: 3  
Teacher: Mrs. Hamilton  
Month: November

Evan Kimball exemplifies the characteristics of an outstanding student. He is well read and engages in all class discussions. Evan can explain and cite evidence to support answers. He is polite, respectful and kind to all. Work is done on time. Evan works well in a variety of learning situations. When I think of the attributes we look for in our C.A.R.E.S. program, I think of Evan.  
-Mrs. Hamilton







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November has been an adventurous month with our Preschool and Pre-K students! The themes for this month were Thanksgiving, families, and colors. During Circle Time, the students focused on **learning their colors while singing the "My Little Turkey" song.** For Music Time, the students have been enjoying some of their favorite songs, such as "Row, Row, Row Your Boat" and "Head, Shoulders, Knees, and Toes." The kids also painted wooden maracas and played them along with the music.

At the Art Center, the students used a paintbrush with brown paint to make a turkey and then used feathers to paint red and yellow feathers for the turkey. The Preschool and Pre-K turkeys are displayed within the classroom for the students to see and be proud of their creations. The kids painted frames to display their family pictures sent in by parents. To continue with the color theme, the students painted circles, squares, and triangles that will be hung in the hallway.

While at the Dramatic Play Center, the students pretended to prepare a Thanksgiving feast by roasting a turkey, cooking vegetables, toasting rolls, and baking pies. The kids pretended to be members of their families by dressing up as adults, caring for and bathing a baby doll, cooking, and having a tea party. Within the Block Center, the students worked cooperatively as they set up a dollhouse by placing furniture into different rooms and having dolls interact throughout the house. The kids stacked Duplo Legos and practiced counting and naming colors upon request.

At the Library Center, the students looked at different books based on our themes of Thanksgiving, families, and colors. The students seem to particularly enjoy the *Thanksgiving Is for Giving Thanks* book by Margaret Sutherland, the *Is Your Mama a Llama?* book by Deborah Guarino, and the *Brown Bear, Brown Bear, What Do You See?* book by Bill Martin, Jr. and Eric Carle. While at the Sensory Table, the students used water and soap to bathe a baby doll. The kids experimented with whether cranberries would sink or float in water. They also played with colored oats and searched for hidden shapes.

During Table Top Time, the students made playdough turkeys using brown putty, feathers, and pipe cleaners. The kids practiced drawing shapes and writing their first names on top of tracing mats. The students scooped and filled cups and buckets with kinetic sand. The kids painted with watercolors and used pattern blocks to create objects. The students used lacing cards and matched colors and shapes.

Next month, we will be focusing on gingerbread and holiday celebrations.

-Mrs. Plourde

### Preschool News





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### Kindergarten News

Boy-oh-boy have we been busy in Kindergarten! Over the past month, we have really settled into our routines and formed a wonderful little community. We have also learned a lot! We have continued to learn about letters and sounds and have almost learned all of them! Our ability to listen for and identify them in words is developing fast. Some of us have even started to use what we know about letters and sounds to write words on our own! Additionally, we have learned about rhyming words. We are getting good at accurately identifying words that rhyme and are starting to produce our own rhyming words as well.

In Reader's Workshop, we have learned about various strategies that help us become great readers and have practiced using these strategies while reading "all about the world" books. We have also enjoyed reading, re-telling, and acting out various stories that we have read with the people in our classes. In the next coming months, we will dive into our unit on "storybooks".

In Math, we have continued to develop our ability to identify, write, and subitize numbers 0-10. We are also well into our unit on two-Dimensional shapes! Our field trip to Peabody Mills Environmental Center last month was a wonderful introduction to our current science unit on animals and animal habitats. We have already learned a lot about animals and the things they need to survive, including food and shelter.

Throughout the past month, we have enjoyed various things including: a field trip to the town library, a visit from our 4th grade reading buddies, a Sock Hop to celebrate the 50th day of school, and a Thanksgiving Feast!

In December, we are looking forward to our next visit with our 4th grade reading buddies, various holiday-themed activities, and a visit from Mrs. Claus herself!

-Miss McArdle, Mrs. MacPherson, and Mrs. Dane







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### First Grade News



First grade had a very exciting month. We have many things coming up that we are looking forward to! In Readers Workshop students are working hard to use a variety of strategies to solve new words. We are focusing on turning new words that we solve into words we can read in a snap. We are learning about breaking words into parts, looking out for blends and digraphs, paying attention to our endings, and vowel teams. In the next few weeks we will begin our non-fiction unit.

In math we are continuing to work hard on our math facts. Please practice math facts to 10 anytime that you can with your student. We are also focusing on applying our math facts and math knowledge to solve story problems. We are wrapping up making ten and starting on the teens (ex. 10+4).

In science we have finished our forces unit. The students had a lot of fun exploring forces through a variety of hands-on experiments. We loved seeing the November STEAM projects. The students did a great job designing things that float! We loved hearing how students created their projects and testing them to see them float!

In December, we will be learning about holidays around the world. Throughout the month we will travel to different countries to explore their holidays and traditions.

**Please don't forget to send your student prepared for the weather conditions at recess. As we say, "Head to toe or no snow!"**

-Miss Cambray, Mrs. Fuller, and Mrs. Lemire





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### Second Grade News



Hello Second Grade Families,

We are so excited to find ourselves about one-third of the way through the school year! The second graders have been learning to write and create narratives about their lives and topics that interest them. They have become better with capitalization and punctuation as well.

Bb

In reading, we have started our journey into non-fiction books. Second grade readers are learning to pay attention to details, ask questions about their reading, and determine what the book is about. They are jotting important and interesting facts as well as questions that they have about what they are reading.

In math we continue to build our fact fluency in addition and subtraction. We have learned how to add 2 digit numbers with regrouping. Next, we will transition into learning how to solve 2-digit subtraction problems with regrouping. Please encourage your second grader to practice math facts at home, either online (XtraMath) or any way that is fun for him or her.

We have begun to learn about U.S. Government and important U.S. Symbols. The second graders have been assigned a project that focuses on a specific U.S. symbol. It will be due on Monday, December 17th. Please encourage your child to read multiple books and jot down facts that he or she learns about the symbol. Students can present their findings in a poster or with a different visual display (such as a model with facts attached). We will be presenting these projects at school during the week of the 17th.

-Mrs. Hebert, Mrs. Hawkes and Mrs. Desmarais







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### Third Grade News



Third graders have been very busy these last few weeks! We are continuing our learning with subtraction. We will be moving into multiplication soon! Break out those flashcards! We are also doing some interesting investigations in science around plant life cycle, and can look forward to continuing investigations around this topic. In reading, we will continue our learning about mystery novels, and have an opportunity to teach the second graders all we know about mysteries. Our next area of study will be nonfiction!

We had an amazing time on our field trip to the Kearsarge Indian Museum where we learned a lot about the life of Native Americans.

It is getting cold and snowy out there! Remember to have head to toe to play in the snow! Having the right gear makes recess more enjoyable for everyone.

Mrs. Sappet and Mrs. Hamilton

It was great meeting with all of you during parent/teacher conference week. We look forward to watching these third graders continue to grow.

-Mrs. Sappet and Mrs. Hamilton







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### Fourth Grade News



In fourth grade, we began our nonfiction unit! We have put aside fiction and have started reading high interest expository books and articles. Using nonfiction text, the students are learning how to take notes as they read. Turning and talking with partners during *Share* is a favorite time of day!

**Oh and the writing... fourth graders love to write!** Creating a series with our writing has been a lot of fun! We are looking forward to writing a book for our visit with our reading buddies in December.

**We couldn't be more excited about the progress the fourth graders have made with their math fluency.** Thank you for helping at home with this endeavor!

Ms. Reid and Miss Lafoe







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### Fifth Grade News



Book clubs continue in reading. Students are sharing their thoughts on character and themes. Themes are being compared across texts. Students **are learning to listen to other's ideas and build on those ideas.**

Students are working on fiction writing or opinion writing. Students are making a bold opinion and using reasons and examples to support their opinion. Fiction writers are working on using details when writing about a small moment.

In math we are all working on division. Continue to practice math facts at home.

Our field trip to the Boston Museum of Science was amazing. We saw a movie in the Omni theater called Journey to Space. There was an exhibit at the museum entitled Space, an out of Gravity Experience that the students enjoyed exploring. Everyone had a great time exploring the museum.

-Mrs. Drew and Miss Tierney





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## Reading News



### **Tis' the Season to Practice Your Reading!**

With the holidays upon us, many families struggle to find ways to maintain a consistent schedule for homework and reading. Here are two quick and easy strategies to help your students practice their reading while enjoying some holiday traditions.

*Singing Christmas Carols* – Some families enjoy singing carols and this is a way for your students to practice reading. When you sing carols, simply provide your student with a copy of the words. Singing will require them to practice their fluency and may even inspire conversations about the words and meanings of the carols. These conversations can help support their vocabulary and comprehension skills.

*Turn the Captions on While Watching Holiday Specials* – Many families allow their students to watch some of the holiday specials. One way to have students practice their reading is to turn the captions on your television during these specials. By turning the captions on, students can read the words that they are hearing on the TV program. This strategy has some of the same benefits as reading aloud to your students.

I hope all students and their families have a wonderful holiday season. And remember, books make wonderful gifts!!!

- Mrs. Cargill





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### Art News

The students have been very busy creating some beautiful art at the FRES and LCS! This month both schools will be participating in a Wilton community project by decorating luminaries for the holiday event held the evening of Saturday, December 22. That night, the students can look for their luminara while strolling along Main Street and take in **"It's a Wonderful Life" at the Wilton Theatre**. All the children will be creating a holiday decoration or picture this month to create a festive spirit for our musical coming up on Tuesday, December 18.

The kindergarteners are working on a snowy, night time landscape collage. It is inspired by Vincent van Gogh's **"Starry Night"** and other night time paintings that he created. The LCS students didn't want you to forget what a FUN holiday turkey looks like so they drew and colored one using any color except for brown!

Besides our holiday art, the first graders are experiencing the art of Gyotaku printmaking. They learned that Japanese fishermen, over a 100 years ago, would record their catch by placing non-toxic sumi ink on their fish, place a thin rice paper over the fish and gently rub it to produce an exact image of the fish. Fins, gills and eyes, you can see them all on their prints! The children used various species of rubber fish and printing ink to create their own print on an underwater background. Second graders are making some delicious Gingerbread People to decorate for the upcoming musical. Brown paper cookie, thick white paint for frosting and oil pastels for candies and colored frosting! Third graders are learning about symmetry and asymmetry in art by creating some funny, fashionable, spooky and very creative Aliens. They will soon be floating on the walls outside of the third grade classrooms!

Fourth grade has been exploring the concept of scale by observing various types of **seashells and enlarging them on an 18" x 24" piece of colored paper**. No tracing shapes here! The basic shape of the shell is drawn, details are added, and then the students use expressionistic colors to create vibrant artworks! Colors are mixed and faded into one another to create interest and mimic the actual seashells. Fifth grade just finished experimenting with resist painting. They will be working on a winter scene that involves color mixing using paint and oil pastels. The scenes will include their favorite winter sports! **Whenever I can, I try to make the student's projects connect to anything that is New England and our beautiful Atlantic Ocean**. We are so fortunate to live in this part of our country!

Mr. Lamers  
Art





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### Physical Education News



Students in Kindergarten are learning how to listen for and follow signals for basic games and activities. They are using various manipulatives for practicing sport skills like throwing and catching. They are exploring movement in their own space and beginning to be able to exercise for a longer period of time. First graders are becoming more accustomed to participating in organized physical activities. They can exercise the whole time and are beginning to increase the quality of their movement. They are learning to perform fundamental locomotor skills that are the foundation of movement. Second graders are able to perform locomotor skills like skipping and shuffling with increased quality of movement. They are learning about the levels of pace to better control over their bodies in space. They are improving their ability to take turns and play with others. Third graders are demonstrating competency in fundamental exercise skills. They have increased their level of fitness and quality of exercise. They are learning about the zones of exercise which refer to the level of exertion required to improve physical fitness. Fourth and fifth grade are learning how to self assess their performance in physical activities. This includes the zone of exercise they achieved, the quality of their skill practice habits, how engaged in the activities they were, and willingness to challenge themselves for self improvement. Students have continued to practicing sport related skills and lead-up activities. They are demonstrating competency in exercise and movement skills.

-Mr. Shenk







# SCHOOL LUNCH

## WHAT'S COOKING?

Try One of our New Items This Month!

### Teriyaki Beef Dippers —

Bite-size finger food is fun and easy to dip!

Teriyaki infused low-fat beef dippers served with sides of broccoli and rice.

A flavorful way to enjoy an Asian-themed lunch.



Teriyaki Beef Dippers



Cheeseburger Flatbread

### Recipe:

#### Cheeseburger Flatbread—

We're continuing to expand our flatbread pizza choices in December!

Flatbread crust topped with marinara sauce, fresh cooked USDA ground beef, and shredded cheese.



### Fish Po' Boy —

A traditional sandwich from Louisiana, the po' boy is a very popular item along the Gulf Coast from Texas to Florida.

Our Fish Po' Boy includes breaded fish sticks on a roll, with a choice of coleslaw as a side or to put right on your sandwich!



Fish Po' Boy

### Ciabatta Rolls and Pretzel Buns —

This month we're introducing two new breads for some of our sandwiches. Try a turkey & cheese or a bologna & cheese on a Ciabatta Roll or a ham & cheese on a Pretzel Bun!



Ciabatta Rolls & Pretzel Buns



Munch Your Lunch

### Munch Your Lunch —

Looking for a mid-day meal that's "munchable"?

How about a plate of crackers with a scoop of our delicious school-made egg salad or ham & cheese? You'll find this as an option on Wednesdays in December.

### Did You Know?

- Pears don't float
- Pears ripen best off the tree
- 84% of USA pears come from Oregon and Washington
- United States pears are picked by hand
- Pears are the FRES Fruit of the Month!



### FROZEN FRIDAY

December Frozen Friday Menu \*

12/7 — Chocolate Cup

12/14 — Strawberry Éclair Bar

12/21 — Vanilla Cup

\*Menu subject to change based on availability\*

75¢

a la carte pricing for ALL students, Regardless of free/reduced status